

Speak Up, Epping! Newsletter

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Epping, New Hampshire

November-December, 2014

About this Newsletter

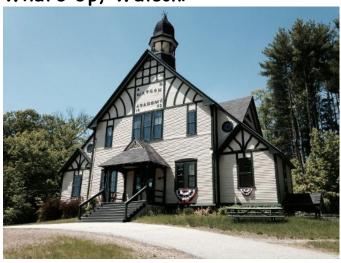
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Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

What's Up, Watson!



Three cheers for the Friends of Watson Academy! On Wednesday night, October 22nd, Watson Academy was selected as one of eight (bonus listing this year!) most significant resources in the state worthy of preservation. The "Seven to Save" designation is a means to recognize the value of saving and reviving historic places that are important to both local communities and our statewide heritage. New The Hampshire Preservation Alliance made the selection based on three primary criteria: significance of the resource, severity of the threat(s), and degree to which "Seven to Save" listing might make a difference.

Significance of the Resource: Celebrated at its opening in 1883 as "our gem on the hill, a building to make any community proud," Watson Academy has been Epping's historic darling for over 130 years. It is listed in the National Register under Criterion A for its associations with the development of public education in the town of Epping in the late 19th century. Watson Academy also appears in the National Register under Criterion C as an excellent example of a rural and regional interpretation of the Queen Anne style. Designed by Dover, NH architect Charles E. Joy, the building is the only known wooden Queen Anne school building constructed in southern New Hampshire.

Severity of Threats: Following a 2012 seismic event, an inspection was conducted at Watson Academy and the building was then closed for safety reasons. The Town then paid \$9,600 for a report from SFC Engineering documenting the possible deteriorations within the building. This report does not include a statement regarding what is necessary to make the building safe and contains some recommendations that do not adhere to preservation guidelines (e.g., adding insulating spray foam to the attic). A warrant article was not clearly written and Epping citizens voted down a second study.

"Seven to Save" Listing Will Make a Difference: The Friends of Watson Academy believe many people in Epping want to repair the structural problems of Watson and reopen it for use once again. Everyone is aware some folks believe preserving historical buildings and resources is not worth any amount of money; but isn't it true that people like this reside in every town? The Friends believe the "Seven to Save" recognition will help Epping residents better understand the importance of preserving our heritage — not only here in Epping, but across the state and nation as well.

To that end, this summer the Friends of Watson Academy submitted a \$40,000 grant request to LCHIP, the Land and Community and Heritage Investment Program. This organization invests in New Hampshire's heritage by awarding funds to help preserve historic resources. The total project is estimated at \$92,000 and includes: \$9K for the structural repair; \$58K for exterior restoration, painting, and woodwork; and \$25K already spent on the engineering study, window repair, and administrative costs. It is important to note two things: 1) any LCHIP funding that might be awarded must be matched by a combination of existing budgets, donations and/or a warrant article, and 2) should LCHIP funding be offered, the Friends believe it necessary for the Town to vote yea or nay for accepting these funds. The engineering and structural repairs are the most critical pieces requiring immediate funding for this project.

The "Seven to Save" selection would not have happened without the support of the Friends of Watson Academy. While Sandy Goodspeed sent in the nomination and accepted the selection certificate, others made significant contributions. Joy True, Irene Cote, and Jeanette Hauschel were there in Kensington to support the effort. Charlie Goodspeed, part of the engineering team, and Nicole Bizzaro, Recreation Department Director and supplier of facts about Watson history, were also there to cheer when the announcement was made. Speaking of facts, Nicole pointed out an interesting bit of trivia: the "Seven to Save" listing was announced on the very same day Watson was closed two years ago. Now just how would you interpret that?!

"Seven to Save" designation provides an important opportunity to gain public attention and leverage additional grants and financial resources for New Hampshire's historical buildings and resources, one of which is now Watson Academy. Hopefully, Epping will be awarded an LCHIP grant; the public announcement is scheduled for **Friday**, **December 5**th. Since the New Hampshire

Preservation Alliance began the "Seven to Save" program in 2006, over 50% of listed sites are now considered "saved." The Friends hope Dear Watson will soon be added to that list of saved historical resources!

Submitted by Sandy Goodspeed for Save Watson Academy

Senior Moments

The Epping Watson Academy Senior Citizens Club learned the merits of the "Foster Grandparent Program." The program is a tremendous asset in our schools. We're going to check it out and pass this information along through this article. If any grandparent has some time and would like to earn some money, the schools will be happy to hear from you. It's quite an experience to be helping young people. After all, that is where it all begins.

The leisurely stroll through Gerald Langdon's tree farm was quite an education. He certainly knows his trees and we all have a bigger appreciation of forest management. The only aspect that brought a frown to my face is hearing that the Burning Bush is now an outlaw in NH. I happen to love that renegade in my front yard and it's staying.

The annual visit to the Demeritt Hill Farm was "fun as usual." The wagon ride through the Orchard, picking a new variety of apples and ending in the picnic area with the homemade apple pie and ice cream made for a perfect day. Even the weather was perfect. It appears this tradition is now our official beginning of the Fall Season...... but.... "where did the Summer go?"

Our trip to the Witches Houses in Salem, MA has been changed to November. That should be a good spooky story - later.

Notice anything missing? Well, the candy factory saga continues. They no longer give tours (with samples) and who knows they may be out business by the time we get there. We're not quitters though, so it's going to happen...... someday, somewhere. If you have any ideas - let us know, please.

Some members joined the Newmarket Senior Citizens for a scenic coach ride up the Maine Coast to Booth Bay Harbor. The walk through the Coastal Maine Botanical Gardens in Booth Bay was an amazing surprise and a real hidden treasure. I'm good with words but here I'm lost to find the right description. The gardens cover several acres with waterfalls, sculptures, a Children's Garden and so much more. I know I recommend places to visit but this is the real BIG ONE! After lunch at the Tugboat Inn on the waterfront, we ventured to the

Railroad Museum. It was late in the season so we had it all to ourselves. Every building and display took us way back to memories of our childhood. Now that's a **long** distance to go.

We continue to enjoy the Soup Cafe each Thursday at the Community Church. The wonderful soups these girls prepare should make us feel guilty, but for \$2.00, we feel no guilt and our kitchens stay clean. The meal is 11:00 am to 12:30 pm and the proceeds go to the Food Pantry. So join us.

The venue for our annual Christmas Party will be the American Legion function room on **Thursday, December 11**th. The Legion has been so gracious and the party will include some fun surprises. Misty Gline, our caterer, has some new menu ideas as well. Who knows a Legionnaire might be nearby in an unusual bright red uniform report coming next time.

A few trips in the planning stage are close to home in the winter months. They are Sig Sauer Academy in Epping, New England Brace Company in Exeter and Foss Manufacturing in Hampton. Our Police Department will be back to bring us up to date on issues that affect Senior Citizens.

Once again, the collection of food for the Food Pantry has begun at the Fire Station. The collection box is located right in the entrance so it's easy just to drive up, leave a donation and be on your way. So, take the time, take some food and take away a good feeling.

Seniors, you'll know when you're old enough to retire when you stop lying about your age and start bragging about it. So, join the Club. We meet at the Fire Department the second Thursday of each month, beginning at 1:00 pm. We don't mind being called "Seniors." Heck, the term comes with a 10% discount.

Submitted by Irene R. Cote, Secretary

News From the Town

Upcoming dates:

November 4th – Election Day – Vote!!! December 7th – Town Tree Lighting Ceremony Town Hall closed:

November 11th in remembrance of Veteran's Day **November 27**th-**28**th for the Thanksgiving Holiday **December 25**th-**26**th for the Christmas Holiday **January 1**st for a Happy New Year

Please "LIKE" the Epping Town Hall on Facebook.

There is still time to order poinsettias from the Epping Garden Club. Orders will be taken up through **Monday**, **November 24**th. Order sheets

are at the Selectmen's Office or call Eunice Miller at 300-0064. Cost for plants: \$10 a piece for 6 inch plants and \$18 a piece for 8 inch plants.

275th Birthday Bash Committee

The "275th Birthday Bash" Committee will not meet in November and December, but will regroup in January.

The Committee is busy making plans. They have T-shirts for sale in royal blue and sky blue at the Town Hall and Slate Salon on Main Street. Adult sizes are \$15.00 and youth sizes are \$12.00. (Great for back to school shopping.) They also have new Town Flags on sale for \$50.00, American made and very classy. The Committee is still in need of help and volunteers to make it all happen and to have a town-wide good time. The meetings are held at the Town Hall on the third Tuesday of each month at 7:00 pm for an hour. Anyone who can't come to the meetings but would like to be notified, please send your e-mail address to Joyce at the Selectmen's office. Please "LIKE" the Epping 275th Birthday Bash page on Facebook.



The Latest from Brickyard Square

Construction will begin in the spring on two planned stand-alone buildings for a new State Liquor and Wine Outlet store and an IHOP Restaurant. They will be the last retail buildings to

be built in Brickyard Square. The liquor store will be built on the space originally approved for a new Beach Plum restaurant, a project that never moved forward. Elsewhere in Epping, there is also an Aroma Joe's coffee shop looking to get approvals. It would be drive-through and would be located on Railroad Avenue just off 125.

The Pease Greeters Need Our Help!

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For eight years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of monetary help. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

Knitted Caps needed for Our Troops

The Pease Greeters are in need of dark colored knitted caps for the troops. They can be purchased or homemade and dropped off at the Selectmen's office at the Town Hall.

Cell Phones for Our Troops Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop off box at the Epping Town Hall for your convenience.



Epping Lions Club "We Serve"

We Want YOU to Join the Epping Lions Club www.epping.nhlions.org

Lions International is an international organization, primarily focused on serving the visually impaired through fundraising. Our latest event, the Highnote Festival in September, was a huge success. This year we introduced a Velcro Wall, and everyone loved jumping up and getting stuck! We also sold popcorn, coffee and 50/50 raffle tickets. Thank you to the McPhee family for continuing to support us at this event!

Our next project is a return of our popular Gas Card raffle. We will sell a maximum of 300 tickets at \$5 each. First prize is \$300 at the gas station of the winner's choice. There will also be three \$50 winners. Tickets are available from your local Epping Lion, or come to our next meeting and check us out! Winners will be drawn at our holiday party just after Christmas, so this would make a fabulous stocking stuffer!

The Lions continue to support the eyeglass boxes, located at several locations around town, including the Epping Walmart, Edward Jones office and J&C Optical. Drop off your old eyeglasses to help others who need them.

Meeting times are posted on our web site, which are generally the 4th Tuesday of the month at 6:30 pm. Please call or e-mail a local Lion to find out the meeting location if you are planning to join us. We are always looking for new members interested in fellowship and serving your community.

Jason Sullivan, President & Secretary
Jason.B.Sullivan@edwardjones.com......679-2491

Debbie Moulton, *Treasurer*

dmoulton@stepupbooks.com.....679-2022

Deb Brooks, Eye-glass Collector

lexusreina@comcast.net......679-5407

Submitted by Debbie Moulton



TALES FROM EPPING'S PAST



From Holland to New Hampshire: "A Stranger in a Strange Land"

In 1819, a twelve year old boy from Holland named Bartholomew Van Dame came to America. Three years later he was working here in Epping as

an indentured servant under the care, guidance and protection of the John Dow family. Unlike a slave who was owned for life, an indentured servant was freed after working for a set number of years that paid the passage to America and other expenses. Likely, while in service, he or she had also learned a useful skill and perhaps earned a bit of land to start off with. Indeed, many former indentured servants became respected and valuable members of their communities. Bartholomew Van Dame was one of them.

Van Dame is described as a rather small man. never of good health, and with one arm deformed by an early childhood accident. Nonetheless, he had served the Dow family well and gone on to master of five languages, become schoolteacher, and a composer of music. He was also a Free Will Baptist minister and a convincing public speaker. For example, after a four-month trip down south, he returned to New Hampshire even more against slavery than he had been He had brought metal handcuffs and chains back from Virginia and while speaking about the evils of slavery would raise them high and loudly shake them over his audiences for everyone to witness and hear for themselves.

The schoolhouse in Nottingham where he taught for many years, is known as the Dame School and is located on Route 152. Built in 1840 and listed on the National Register of Historic Places, the building first served as a meetinghouse and school and is now the local history museum and community center. It was topped by a weathervane in the shape of a quill pen that is believed to have been a gift from Van Dame. "As modest as he was honest," he wished "that his bequests be kept secret."

Bartholomew Van Dame died Apr 3, 1872 when he was 64 years old. The bond he shared with the John Dow family, who had taken him in so many years before, had never faded. When his time came, he was buried with them in their family cemetery in North Epping. Van Dame had written his own funeral service and no doubt his gravestone inscription as well. It tells us that "Beneath this turf reposes one who was a stranger in a strange land but who was surrounded by friends who were cherished in his affection as in a deathless remembrance."

May we all be so well remembered.

This is twenty-sixth in a series for Speak Up, Epping! Text/Research: Madelyn Williamson

Copies of Bartholomew Van Dame's proof of naturalization, his funeral service and other related papers were all generously donated by the Lee Historical Society to the Epping Historical Society.

Epping Historical Society

It is hard to believe that summer is over and Fall has arrived. Many of us have been traveling to the coast of Maine and driving through the White Mountains hoping to catch the beautiful Fall colors. But all we had to do was to travel the many back roads right here in Epping. We have majestic views! There are many trees right in Town that are wearing their beautiful "coats of many colors."

On Wednesday night, October 22nd we attended the annual meeting and "Seven to Save" announcement at the Old Grange Hall in Kensington, NH. Watson Academy was placed on the list of seven properties to save in New Hampshire for 2014. The New Hampshire Preservation Alliance committee selects seven properties every year to add to their list. This award does not involve money, but it gives Watson Academy the designation of a very historic building that is worth saving. Thank you, Sandy Goodspeed, for stepping up to the plate and putting it all together for this honor.

We have had many visitors this summer and many have Epping roots. The latest visitors were the granddaughters of Frank Simonds, who was the previous owner of Bob Kimball's house on Hedding Road. They spent many summers with their grandparents, and shared their memories. One lady lives in Lincoln, NH and the other lives in Hawaii.

The Watson Academy "Class of 1954" had their 60th reunion in October at the Epping Historical Society. They were impressed with all that we have at the society. Of course they remember the building as the A & P store. This was the main grocery store when they were growing up and many of their family members worked there, including Oscar Dionne, who was store manager at one time. He even signed his name in the back room and his signature is still there. The class was very interested in the brick project and some have already purchased bricks. One class member came back the next day with many treasures from her mother's house. Thank you, Kay!

We all still archiving the Don Sanborn collection and I came across this story in some of Don's papers. This was published in the Exeter Newsletter on March 14, 1913.

Brick House By Mail

Mr. W.S. Goodrich of Epping, sent by parcel post a brick of local manufacture to be used in building a brick house at the Coliseum in Chicago,

during the clay products exposition. The exposition was held February 26 to March 8, 1913. This brick was one of 25,000 sent by parcel post from every brick plant in the United States, to be used in the construction of this house. The house will be given away and re-erected after the exposition. The idea was originated to test the merits of the parcel post system, and is certainly a novel one. A record was kept of each brick, from the time the brick was mailed until it was delivered, in order to see how speedily Uncle Sam can deliver a house by mail. It is probable that Uncle Sam's mail carriers in Chicago will not be over enthusiastic for this method of delivery of a brick house. Other mail carriers throughout the country will watch the experiment with interest, fear and trembling. While the brick fireproof home is becoming more and more popular because of its permanency, economy and superiority, it is not probable that they will be delivered by mail to any alarming extent. At any rate, W.S. Goodrich will have sent a brick in the first brick house ever sent by mail.

We are open Monday's from 8: 00 to noon, or whenever the flag is flying! If that does not work for you, please call 679-2944 and we can make an appointment.

Submitted by Joy True, Curator

Lamprey Rivers Advisory Committee A Long Winter's Nap



www.nikon.com

Winter is a difficult time of year for most living things. Tissues of the body must not freeze. Drinking water and food might be scarce. What are animals to do? Some animals migrate to a warmer climate (ex.: monarch butterflies, great blue herons). Some animals stay here and remain active (ex.: chickadees, foxes). Some animals become less active and live on stored fat or what little food they can find (ex.: squirrels, deer). Some animals settle in for a long winter's nap.

True hibernation means that an animal enters a state of reduced bodily functioning. Little or no food

and water are consumed. The heartbeat slows to a fraction of its normal rate. Breathing slows and can become shallow or undetectable. It is this slowed breathing that causes hibernating animals' body temperature to drop to near freezing, even in mammals, not the temperature outside. Hibernating animals are slow to respond to external stimuli such as intruders or pain; however, they can have periods of wakefulness.

The only New Hampshire mammals that enter a state of true hibernation are woodchucks (or groundhogs) and two species of jumping mice. Woodchucks go into hibernation in late September and begin to awaken in February. They then remain active until the next winter. Jumping mice hibernate for two to three weeks, awaken briefly, and then return to hibernation. Many people believe that black bears hibernate. These animals do not enter a state of true hibernation, but scientists have not agreed exactly what it is. As winter approaches, the bears find a suitable den and settle in for the winter. They become sleepy and their heart rate and breathing become slower, but their body temperature does not drop significantly. If disturbed, over-wintering black bears can quickly become alert and active.

Other mammals such as bats, skunks, raccoons, and chipmunks enter a deep sleep called "torpor" that is very similar to true hibernation. Their bodily functions slow and their body temperature drops, but they can react quickly if disturbed or to take advantage of opportunities to look for food on mild winter days.

Reptiles, being "cold blooded," are not able to create their own heat. Their bodies tolerate cold easily as long as they do not get so cold that they freeze. Snakes often burrow in the ground below the frost line or find a compost pile that generates a bit of warmth. Turtles overwinter by burying themselves in sediment at the bottom of a pond or at the base of a riverbank. The pond or river can ice over, but liquid water usually remains below the surface. The turtles do not breathe at this time. Some, such as wood turtles, absorb a bit of oxygen through patches of thin skin, but others, such as spotted turtles, simply "hold their breath."

Many frogs, toads and salamanders in New Hampshire hibernate in or on the sediments of ponds or wetlands. Some hibernate on land in burrows that lie below the frost line. Three of New Hampshire's frogs – the wood frog, the gray tree frog, and the spring peeper – actually do freeze during the winter. These frogs have chemical adaptations in the fluids of their bodies that serve

as an antifreeze and prevent the formation of ice crystals. Painted turtle hatchlings also have this adaptation to a lesser degree. They hatch from their eggs in the Fall, but remain in their sandy nests until Spring. The hatchlings are able to withstand some freezing, but unlike the frogs, the baby turtles cannot survive freezing solid. The baby turtles are most vulnerable during a cold winter without a good layer of snow.

Hibernation and torpor are interesting ways that many animals survive winter by yielding to it. When spring arrives, nature will welcome the return of animals that went South as well as those animals that were here all the time and just needed to wake up from a long winter's nap.

Lamprey River Guardians



For the past several months, the Lamprey Rivers Advisory Committee (the Committee) has been contributing articles to "Speak Up, Epping!" to help readers appreciate the special river that flows through Epping. The Committee is not alone in this effort. Two groups are actually hard at work for the Lamprey.

The Committee is composed of representatives from diverse interests in the fourteen towns that drain to the Lamprey River. Each town can nominate up to four representatives. Once nominated, the New Hampshire Department of Environmental Services (NHDES) officially appoints the representatives for a three year term.

The main duties of the Committee, as laid out in RSA 483:1, the New Hampshire Rivers Management and Protection Program, are:

- Advise the NHDES commissioner and others about activities that occur along the Lamprey and the five designated tributaries (Little, North, North Branch, Pawtuckaway, and Piscassic Rivers).
- 2. Review and comment on planned projects that might alter the resources (such as ecology, water purity, historical sites, etc.) of the rivers.
- 3. Create an advisory rivers management plan for the river corridors.
- 4. Report to NHDES and the towns on the status of the rivers.



The Lamprey River Watershed Association (the Association) is a registered nonprofit composed of folks who want to promote the restoration,

conservation, wise development, and use of the natural resources of the Lamprey River watershed. Conserving fish and wildlife, forests, soil, and water resources along with pollution abatement are key goals of the Association. Through education and research, the Association works to increase the understanding among citizens about importance of water and land conservation in the watershed. Some of its key projects are testing the water to make sure it is fishable and swimmable and helping NH Fish and Game to monitor river herring as they pass through the Wiswall Dam fish ladder.

The two groups often work together and provide support for the other group's projects. Both can always use more help and are involved in many more projects than those listed above. If you or someone you know wants to make sure the Lamprey rivers can be enjoyed today and into the future, please let us know!

info@lampreyriver.org or volunteer@lrwa-nh.org.

Lamprey Rivers Advisory Committee Annual Report: FY Oct. 1, 2013-Sept. 30, 2014

LRAC Accomplishments: Representatives from towns in the Lamprey River watershed began implementing the rivers management plan with help from towns, planning commissions, land protection organizations, wildlife professionals and citizens. The final plan was approved on Sept. 26, 2013 and can be viewed at the town offices and on www.lampreyriver.org.

Land Protection: The Wild and Scenic Subcommittee has protected 2803 acres and 9.98 miles of river frontage since 1999. For every \$3 of LRAC money spent, an additional \$7 was leveraged from other sources. Updated and more accurate flood maps were produced for the Lamprey. These maps will be very useful in helping to identify and prioritize land protection efforts going forward.

Education and Outreach: In a partnership with Epping Summer Recreation, children were given the opportunity to become Lamprey Rivers Junior Rangers. A similar program is available for families to do on-line. A summer recreational series, "Hike It, Bike It, Like It" offered guided tours of three of the Lamprey's key historical and natural areas. The series will be offered again in 2015.

Wildlife and Ecology: Preliminary data from a follow-up study on rare mussels show that brook floaters are critically imperiled and extirpation seems likely. The cause of the decline appears to be burial from flooding events, but acidic conditions

or unsuitable water quality have not been ruled out. Based on recommendations in a tributary fish survey from 2011, research was commissioned to study which culverts pose the greatest problems for fish migration. Results will serve as a starting point for partnerships with towns to address the problems.

History: A fourth and final panel for the Wiswall Falls kiosk featuring John Hatch was completed. The panel also highlights the efforts of citizens to protect the Lamprey River.

Water Quality and Quantity: LRAC continued to support the volunteer monitoring efforts of the Lamprey River Watershed Association to test and report water quality data in 2014. Wild and Scenic Subcommittee funding ensured that years of data were not interrupted. The water quality workgroup began collating years of data from multiple sources with the goal of making these data more accessible and understandable.

Project Review: The project review workgroup commented on several projects that were submitted to the state for environmental permits. The committee does not have the authority to approve or deny permits, but its comments are considered by NHDES prior to issuance of permits. Several complaints or concerns about the river were investigated. When appropriate, the committee notified NHDES and requested follow-up.

Plans for 2015 and Issues to Watch: The full committee will continue its main duties to work on issues identified in the 2013 Lamprey Rivers Management Plan and review projects proposed for the quarter mile corridor around the designated rivers. LRAC will continue to support research, volunteer water quality monitoring and outreach efforts.



Helping communities protect the Lamprey River. Submitted by Suzanne Petersen

The Civil War Roundtable of NH

The Civil War Roundtable of New Hampshire was founded in May of 1991, and is dedicated to all aspects of the Civil War: Education, Preservation and Restoration. The CWRT-NH is a group of men and women who share a common interest in the War Between the States and that period in American History that defined Our Nation, as we know it today.

Our meetings are held the 3rd Friday of each month, except no meetings are held in July, August

or December. The meeting format is usually a speaker followed by a discussion. Coffee is served at 6:45 pm and we begin the meeting at 7:15 pm. The CWRT-NH is a nonprofit 501(c) organization and we are open to the public. Our meeting location is the Epping Town Hall 3rd floor (elevator available).

Meetings are recorded live by ETV (Channel 22). You can watch on your TV or computer by accessing the Epping Town site (for live or past meetings).

This is the CWRT-NH schedule for the next few months.

November 21, 2014 – Dave Becker - "Civil War Civilians"

December - NO MEETING

January 16, 2015 – Mike Schroeder – "Union Combined Operations: Forts Henry & Donelson – 1862"

February 20, 2015 – Larry Olasky – "Civil War Cartography"

March 20, 2015 – U.S. Naval Institute's Chuck Velt – "The Alligator" (U.S. Navy's Civil War Sub)

April 17, 2015 – Bill Hallett – "Lincoln's Last 24 Hours"

Please Consider The Following:

Our CWRT is looking to expand its membership; so if you like history and particularly the Civil War, our group is for you. We are a family-oriented group, we like to educate everyone especially students who are studying the history of that period.

For more information on membership and member fees, contact our Roundtable via email: cwrtnh@gmail.com.

Submitted by Dan Bennis Board Member, CWRT-NH dddbennis@msn.com (Feel free to email me with any questions.



Epping Garden Club



Together We Made A Great Team!

On Sunday September 28th, Epping Garden Club members were joined by members of Troop #12925 Junior Girl Scouts. Together they began work on an approved design for the Epping Safety Complex, drawn up by Elizabeth of Stratham Hill Nursery. Soil was donated by Paul Gatchell of Gatchell Excavation and water was donated by our friendly Fire Department.

Shovels and gloved hands big and small were ready for the fun at hand. We had a mixture of donated perennials and some colorful Mums we purchased from Lowes. We also had bags of Spring Bulbs!

After the plants were knocked out of the plastic pots and the roots loosened a bit, the adults set about laying out a design that would add not only a punch of color for next season but also would not block the complex's sign. We dug and the girls placed the plants into the ground and backfilled and tamped down the soil. They also dug down 5 to 6 inches in the loose soil and placed each spring bulb "points up," then covered them as well. Over 100 bulbs and another 75 plants went into this area. With the gorgeous weather we had, the job was complete in two hours.

The varieties are as follows: Delft Blue Blend Grape Hyacinth, Dutch Master Daffodils, Darwin Hybrid Mix Tulips, Professor Einstein Daffodils and the ever popular Snow Drops. We will look to add different varieties each fall. Do you have some you would like to share here or on one of the corners or intersections in your part of town?

Thanks so much to Troop #12925 members:

Dawn Poloian

Maiya Poloian

Karen Beattie

Kaelin Beattie

Somya Paige

Sophie Paige

Epping Garden Club Members

Michelle Curtis

Anne Seaberg

Martha Cunningham

Linda Baresich

Doug Baresich

Eunice Miller

Submitted by Eunice Miller



Leddy Center

The next production at the Leddy Center will be "It's a Wonderful Life," on stage from October 24th

to November 9th and it will be followed by "A Christmas Carol" from **December 5**th to 14th. A peek ahead at the 2015 schedule: auditions are being held for "Steel Magnolias" which will be the spring production.

Individual tickets are \$18 and available online at www.leddycenter.org or by calling the Leddy box office at 679-2781, Monday through Friday, from 3:00 to 5:00p m. Call the box office for information on our group rates.



ETV Schedule

Channel 22 - ETV - Schedule of live programs Monday-Nov. 10, 24; Dec. 8, 22-Selectmen-7 pm Monday-Nov. 3; Tuesday-Dec. 2-Water & Sewer _7 pm

Tuesday-Nov. 18; Dec. 16-Library Trustees-7 pm Wednesday-Nov.19; Dec. 17-Budget Committee _7 pm

Thursday-Nov. 6, 20; Dec. 4, 18-School Board _7 pm

Thursday–Nov. 13; Dec. 11–Planning Board–6 pm Friday-Nov. 21, no Dec.-Civil War Roundtable -7:15 pm

Monday meetings are rebroadcast:

1/2 hour after meeting

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

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1/2 hour after meeting

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Thursday meetings are rebroadcast:

1/2 hour after meeting

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change.

Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience if you go to http://etv22@pegcentral.com. They are usually available the day following their "live" broadcast.

"Live" video streaming is also available. Watch live meetings anywhere while they're broadcast: http://etv22.pegcentral.com/live/live_etv22.html.



Scouting Around Epping Cub Scout Pack 136

If you would like information about joining Cub Scouts, please contact our **Cubmaster**, **Michael Page** at michael.page.nh@gmail.com or contact him at cubmaster@pack136epping.org

Join us on Facebook and keep track of the Pack http://m.facebook.com/group.php?gid=1990596851
09&fbb=r6c4d2187&refid=46 or go to our website where you can find more Pack information at http://www.pack136epping.org/calendar.

Boy Scout Troop 136

Troop 136 took advantage of the great fall weather to spend time outside at Camp Straw right in Epping as well as at Pawtuckaway Lake campground. A large focus was on integrating the next group of Boy Scouts, known as the Webelos, into the Troop way of life.

The Troop was saddened to attend the calling hours of David Ouellette, father of recently honored Eagle Scout Eric Ouellette. The Troop continues to pray blessings on the entire Ouellette family. He will be missed.

Fall is fundraising season, so please be on the lookout for your Scouts selling popcorn door to door. Also the Community Calendar is being organized again and this is a great opportunity for local businesses to advertise through supporting a good cause. Over 500 calendars are distributed each year to Epping and the surrounding area!

The annual Scouting for Food drive will take place on **Saturday November 1**st with the collection day on **November 8**th. Bags will be distributed on or near the 1st, and then Scouts will return on the 8th to retrieve all the food items donated and then bring them to a local food pantry for local distribution.

The Scouts have many things planned over the next few months. If you know a boy between the ages of 11 and 17 who would benefit from an

organization like the Boy Scouts, please contact Les Houston at 231-1148.

Submitted by Les Houston



Skating Party at Exeter Rinks

Girl Scouts of the Green and White Mountains Tides to Timbers Brownie Troop 10445 would like to invite all Girl Scouts and families and the general public to a skate party at the Exeter Rinks, 40 Industrial Drive # 1, Exeter, NH 03833, on Saturday, November 1st during the 11:20 am - 12:40 pm open skate time. There is a group rate of \$7.00 per person to include rental, skate time, party favors and door prizes for best Girl Scouting around the World poster contest. This is a bring-a-friend event that is open to the public, for families, and is an opportunity for girls to meet Girl Scouts and leaders and join, if they like.

The Skating Party's theme is Girl Scout Pride, celebrating our founder Juliette Gordon Low, whose birthday is Oct. 31st. Awards and prizes will be given for girls and troop with the best display of Girl Scouting pride! For parents and girls who are not yet Girl Scouts, this is your chance to meet leaders, volunteers and girls, ask questions about Girl Scouting, and even register to join, as well as have a delicious piece of cake!

For more information about Girl Scouts, please go to Girl Scouts Home Page | Girl Scouts of the Green and White Mountains or 888-474-9686 x4350

Girl Scout Information Night in Newmarket

It's not too late to join Girl Scouts! There will be an information/registration night at Newmarket Public Library, 1 Elm Street, Newmarket, NH 03857, on **Wednesday, November 5**th from 6:30-7:30 pm. Girl Scouts of the Green and White Mountains staff and local volunteers will provide information, answer questions that you may have, and help with registration. Financial aid is available for anyone who needs it in order to join Girl Scouts. This event is open to girls from Epping as it is one of the eight towns in the Tides to Timbers Girl Scout Community.

For more information about Girl Scouting in New Hampshire and Vermont, please go to www.girlscoutsgwm.org or 888-474-9686 x4350

American Legion News

Halloween Dance on October 31st

The American Legion Post 51 is hosting a Halloween Dance featuring "Kowboy Rick" who will be shaking up our hall with a variety of rock'n music. The dance will take place on **Friday**, **October 31**st. There will be prizes for the best costumes, a 50/50 raffle, and snacks. The doors open at 8 pm. Admission is donations toward the Vietnam Moving Wall. A cash bar will be open. Singles are welcome! The event will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping (across from Telly's Restaurant). Costumes are optional but are more fun! 679-8320.

Children's Christmas Party in Epping

The Ladies Auxiliary of the American Legion Post 51 in Epping is hosting a Children's Christmas Party on Saturday, December 13th from 1 pm. to 3 pm. It is open to Epping children and the children and grandchildren of the Members of Post 51. The eligible ages are birth to 10 years old. We hear that Santa will be making a special visit! In order to make sure that Santa has a gift for all the kids, please make sure all eligible children are signed up before the deadline date of **December 7**th. Prior sign up is required. No calls after that date will be accepted. Please call Linda at 944-5429 or Janet at 944-3288 and let us know your name, your childrens' ages and if boy or girl. Again, the deadline date for signing up is Sunday, December 7th. We will have some crafts to do while we wait for Santa to arrive and there will be light snacks, juice and water. It will be held in the nonsmoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping.

American Legion Post 51 Benefit for Charlie & Sheila Brown of Epping

The American Legion Post 51 Family in Epping is hosting a Benefit for Charlie and Sheila Brown who have been active, dedicated members of Post 51 for over 25 years. They have volunteered their time for countless fundraisers and numerous community events to help others throughout the years. They are highly respected members of Post 51, and we, in turn, now want to help them. Sheila has been in and out of the hospital over the past year with the latest hospital stay lasting over eight weeks. Proceeds from this event will go to help Charlie and Sheila pay for their various expenses. The

Benefit will be held on Saturday, November 15th. The evening will begin with a Ham and Bean Supper that will be served from 6:30 to 7:45 pm. The cost is \$10 per person at the door. Following the supper, "Kowboy Rick," who has generously donated his time, will be entertaining everyone with a variety of music from 8 pm to midnight. Any donations would be greatly appreciated. We love Charlie and Sheila dearly and are asking the local communities to come out and support this Benefit. The event will be held in the nonsmoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping. A cash bar will be open. For information please call Janet at 944-3288 or Darlene at 793-6090.

Pancake Breakfast Fundraiser for Toys for Tots

The Sons of the American Legion at Post 51 in Epping are having a Pancake Breakfast on **Sunday, November 23rd** from 8 am to 11 am. The cost is either a donation of an unwrapped toy or a monetary donation with all proceeds going to this "Toys for Tots" fundraiser. The breakfast will be held at the American Legion on Rte 125 in Epping. For more information please call Rob at 944-5485.

Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday, November 9**th and **Sunday, December 14**th. eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$6.00 a plate, \$4.00 per child and worth every penny!

Submitted by Janet Hoffman

Turkey Buffet at Masonic Lodge

The Major General John Sullivan Masonic Lodge #2 will hold their annual Harvest Supper on **Saturday, November 1**st from 4:30 to 6:30 pm at the lodge located at 6 Pleasant Street in Epping. All are welcome to come enjoy this all-you-can-eat buffet of roast turkey with all the fix'ns, drinks and dessert.

The cost is \$10 per person, \$4.00 for children age 12 and under.

Epping Fire Department

Daylight savings time will start on **Sunday**, **November 2**nd. Please be sure to change your smoke detector and carbon monoxide detector batteries. If you need help, call the Fire Department and we will give you assistance. <u>Smoke Detectors Save Lives!</u> And so do Carbon Monoxide Detectors!

On **November 22nd** the Explorers and the Epping Fireman's Association, with the help of the High School National Honor society, will hold our annual Red Cross Blood Drive. The hours will be 10:00 am to 3:00 pm.

On **November 29**th and 30th the Epping and Brentwood Fire Departments will hold their annual "Stuff The Bus" toy collection at the Epping Walmart. Needed are Christmas gifts for children from birth to age 16.

Santa Claus will visit Epping on **Sunday**, **December 21**st leaving the Safety Complex at 3:00 pm. Listen for the sirens and get the kids out to the roads to greet Jolly Old St. Nick.

Explorer Post 716

On Friday October 17th Chief DeAngelis, Captain Cray, Lieutenant Hanley, and Firefighter Gigliotti held an informal information session at the high school to introduce Exploring to the 9th and 10th grade students. On October 23rd, five students joined the Epping Fire Explorers and we expect a few more will join.

Youth 14 years old to 20 years old are invited to join the Epping Fire Department Explorer Post. The Explorers meet on the 2nd and 4th Thursdays from 7:00 to 8:30 pm.

Explorers learn how to use the Fire Department equipment and do search and rescue. Once the probationary (learning) period is over, they may assist on fire calls. Explorers are allowed to ride on the apparatus if seats are available and assist firefighters with the self-contained breathing apparatus (SCBA), supervise the rescue truck and perform many other duties at a fire scene.

For more information call Cliff Cray at 396-9436 or e-mail at deacon100@comcast.net.

Police Explorer Post 714

Youth 14 and older may also join the Police Explorer post by calling 679-5122.

Epping Community Church

The Epping Community Church worship service is every Sunday at 9:00 am. We have handicapped accessibility on the side of the building and have a new elevator to take you to the 2nd floor for the service. We have a time for fellowship immediately following the service. You can come downstairs and enjoy a cup of coffee with a donut and share conversation with others. Sunday School for all ages begins at 11:00 am. Our Christmas Eve service will be on **Wednesday**, **December 24**th at 7:00 pm upstairs in the sanctuary. It is a candlelight service with music and a Christmas message. You are always welcome!

Friday Night Pizza is running on Fridays from 5:00 - 6:30 pm. The pizza crew is always ready to take your order in person or by phone at 679-5542. Come and enjoy it at the church or take it home!

Our November our **Third Saturday dinner** on **November 15**th will be Turkey Pot Pie with a biscuit and salad and a brownie with ice cream for dessert! The meals are \$8.00 for adults and \$4.00 for children. You can also get these meals to go if you'd like! We will not be having a church supper in December but will be back in January with another delicious dinner.

The Epping Community Care Food Pantry is open on Saturday from 8:00 - 10:00 am. We continue to receive monetary as well as food donations from various organizations and people in our community. These donations are vital to continue this outreach in our community. We are thankful for every dollar and every food item donated! If you would like to donate food items to the food pantry, the following are suggested items that are needed: cereal, canned fruit, crackers, spaghetti sauce, pasta, tuna, peanut butter, jelly, canned vegetables, soups, baked beans, juice, mac & cheese. We can also use personal hygiene items such as: toilet paper, paper towels, shampoo, bar soap, toothpaste etc. These items can be dropped off during food pantry or Soup Café hours or during Friday night pizza.

The Soup of the Day Café is open to all who would like to partake. This is a free lunch that is offered every Thursday from 11:00 - 12:30 at the Epping Community Church. We always offer two homemade soups with salad and a dessert. Come in and join us for lunch. We'd love to see you.

You are always welcome at any of our events and are always invited to join us in worship.

St. Joseph Catholic Church

208 Pleasant St. (Rte 27) Epping, NH 03042

Office telephone: 679-8805

Mass schedule weekdays:

Monday 8:00 am

Tues, Thurs, Fri. 7:30 am

Wednesday 7:00 pm

Mass schedule weekends:

Saturday 8:00 am, 4:00 pm

Sunday 8:00 am, 10:30 am and 6:00 pm

November

Mondays – Adoration – 12 noon – 9:00 pm

First Friday Adoration – 8:00 am to 7:45 am

Saturday

Fridays - Adoration - 8:00 am - 7:00 pm

Nov. 2nd – Remembrance mass – 10:30 am

Nov. 8^{tth} – Squire Dinner – 5:00 pm Nov. 19th – Healing Service – 7:30 pm

Nov. 27th – Thanksgiving Day mass – 9:00 am

December

Mondays – Adoration – 12 noon – 9:00 pm First Friday Adoration – 8:00 am to 7:45 am Saturday

Fridays – Adoration – 8:00 am – 7:00 pm

Dec. 13th – Choir Concert – 5:30 pm

Dec. 14th – Penance Service – 2:00 pm

Christmas Mass Schedule

Dec. 24th – 4:00 pm, 7:00 pm and 10:00 pm

Dec. 25th – 8:00 am and 10:00 am

If you have any questions, please call the Rectory Office 679-8805 or check our website at http://stjosepheppingnh.com for further information.

Epping Bible Baptist Church

Epping Bible Church invites you to join them throughout the week at 243 Pleasant Street in Epping.

Our Sunday mornings begin with a full, free breakfast starting at 8:15 am, followed by Sunday School for all ages at 9:30 am and morning service at 10:45 am. Sunday evening service begins at 5:00 pm. Families are welcome.

Sunday School follows the Faith Weaver curriculum and all classes learn about the same passage of Scripture with lessons tailored for each group

A free nursery for children – infants through four years - is provided during the morning and evening services. Children ages four through third grade are invited to Junior Church during the morning

service after praise and worship time.

Prayer and Praise fellowship is offered on Wednesday evenings at 7:00 pm at the parsonage.

The Awana program (ages three through grade 6) meets on Friday nights to help children learn about God's Word. There will also be a morning cubbies (ages 3 and 4) Awana group on Friday mornings at 9:30 am. Please contact Dora Brown at 702-2650 or at awana@eppingbible.org.

Our services can be seen on Sunday mornings on ETV - channel 22, and on our website.

Please contact Pastor Ron Townsend at 247-0405 or PastorRon@eppingbible.org if you have any questions.

West Epping Quaker Meeting House 241st Annual Quaker Meeting Held in Epping

An event that has occurred in West Epping at least since 1772, was repeated on Sunday, October 19th at 2 pm.

On this First Day at 2 pm, the 241st annual meeting was held in the Quaker Meeting House. All were welcome to this traditional silent meeting, according to Fritz Bell, clerk of the meeting. The meeting for worship was followed by a meeting for friendship with refreshments at the home of Bridget and Jim Rogier, 14 Water Street, Epping, NH.

The West Epping Meeting grew out of the Seabrook Quarterly Meeting in the middle of the 18th century. Records show that Joshua Folsom was a recorded minister among Friends in the community in 1772 - though he may have commenced his activities even earlier. The present Meeting House was built in 1851. The surrounding tall pines, dating from this period, have been a distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at 10 am every first and third Sunday of the month. We welcome visitors to our meetings to join with us. For those who would enjoy just visiting the Meeting House they may call the Clerk, Fritz Bell, at 244-1119 for a tour.



Harvey-Mitchell Memorial Library

Epping's Public Library 151 Main Street 734-4587 (Adult Dept.) 679-5944 (Youth Dept.) 679-5884 (Fax) www.eppinglibrary.com

Hours: Monday, Friday, Saturday 10-5

Tuesday, Wednesday, Thursday 10 – 8

Closed: **Tuesday, November 11th** Veterans Day **Thursday, November 27th** Thanksgiving **Thursday, December 25th** Christmas

Preschool Story Times with Miss Eva & Mr. Ben

Pre-registration is required. Call us at 679-5944 or e-mail us at hmmlyouth@gmail.com. Limit of 12 children at each session.

Join us for stories and crafts on Mondays at 10:30 am, 11:30 am and 1:00 pm, and Wednesdays, Thursdays, and Fridays at 11:30 am.

Junior Great Books Read-Aloud Program

This program is for youth in Grades 1 and 2 with a limit of 10 youth. It meets on Wednesdays at 3:30 pm. Pre-registration is at 679-5944. This program starts November 5th.

Knit Night

Get together on 2nd and 4th Wednesday nights at 7:00 pm. Bring your own yarn and needles. Enjoy the company of other knitters! For more information, contact coordinator Marjorie Pim at marjpim@yahoo.com.

Adult Book discussion Groups

New members are always welcome!

The Eclectic Book Club meets on second Wednesday nights at 7:00 pm.

The Dusty Old Mystery Group meets on third Wednesday nights at 7:00 pm.

Submitted by Bradley A. Green, Library Director

Epping Y.O.U.T.H.

(Youth Organizations Unite To Help)

Updates:

Karen Kelley -- LADC Counselor

- --Will connect with her network of LADC/SAP's and send referral info to Kathy and Deena.
- --Sarah Marino also has referral information to forward to Kathy.

Sandi Coyle & Sgt Rick Frost, National Guard Counter Drug Task Force -- DFC Grant

- --Sandi & Rick explained the steps for applying for the Drug-Free Communities.
- --Rick said we, as a coalition, are already doing so many programs, already have all but 1 of the community sectors represented at the monthly meetings, he encouraged us to move forward and apply for the DFC Grant!

- --He is available to provide various trainings to all of us who want to participate in learning & leading "the process" of being "Community driven."
- --The grant is for \$125,000/year, for 5 years. Then we can re-apply for another 5 yrs.
- --Moving forward to **become a 501(c)3** was also discussed.
- --DFC Grant Goal 1 is to improve the coalition/growth/sustainability/networking.
- --Goal 2 is to do activities/programs to reduce substance abuse.

<u>Bobbi Vandenbulcke</u> -- Exeter Area Chamber of Commerce

- --Every week there is a networking event to attend, or in the Lunch & Learn, we could also present info.
- --As a Chamber Member, all our meetings and events will be posted on their calendar.
- --If we get the DFC Grant, this will be a wonderful source of networking and sustainability.

Russ Hero -- SRO Updates

--Oct 15--Explorers Program starts! 20 students signed up! School credit is available.

<u>Kathy Stanley-Berting -- Youth Leadership &</u> RRW -- Updates

- --Kathy & Deena have been working compiling all the Community Resources into a brochure.
- --The Epping Eagles Leadership Group is underway, with 30 students from 5th grade!
- --Red Ribbon Week is full of meaningful activities for substance awareness and prevention.
- --EHS Leadership Group will be presenting Samantha Skunk to EES students.
- --EES will be planting red tulips and doing Acts of Kindness.
- --EMS & EHS will be partnering with Granite Youth Alliance for the annual Media Project!
- --Students can nominate a Student and Teacher of the Month right on the school website!

The Porch -- Updates

- --Adam will be full time at The Porch!
- --Starting Nov, they will be open every afternoon to middle & high school students from 2:30-4:30!
- --Snack donations & volunteering your time are very much appreciated!

Raymond Coalition for Youth -- 2nd Annual Prevention Summit

- --It takes a **Village**, working together, to make a difference. Get Involved!
- --PREVENTION is the best and most cost-effective action route!

Next Meetings:

Wednesdays - November 19 and December 17

Submitted by Linda Daigle

Epping Parks & Recreation Department News

Home of the "River Otters" Director: Nicole Bizzaro

Temporary office at Epping Town Hall

Cell Phone: 608-9487

eppingrecreation@gmail.com

Join us on Facebook and follow us on Twitter

If you need to reach the Department, please contact Nicole, Recreation Director via e-mail at eppingrecreation@gmail.com or cell at 608-9487. The temporary Rec. Office has been set up on the 2nd floor at the Town Hall. Enter the main door and go up the stairs. There will be registration forms and other information available there. Any program payments can be given to staff at programs or can be mailed to us at 157 Main Street, Epping, NH 03042. Please make checks out to "Town of Epping." We appreciate your patience while we figure out our building issues.

Please follow us on Facebook for latest program updates, changes and announcements.

Help celebrate Epping's Birthday

In 2016, the Town of Epping will turn 275 years old! We are currently collecting names of interested residents who would be willing to serve on the Birthday Celebration Committee! Please send us an email to eppingrecreation@gmail.com or see Joyce in the Board of Selectman's Office at the Town Hall if you are interested in helping.

Interested in helping out with Community Events? We can always use volunteers! Epping Parks & Recreation Department does not receive any tax dollars to run Community Events! We rely solely on donations and volunteers to offer such events! If you are interested in helping, please contact Nicole, Recreation Director at 608-9487 or send us an e-mail.

Fun on Halloween

Want to do something fun with the kids on Halloween night? Swing by the Epping Safety Complex on Rt. 27 (37 Pleasant Street) for trick-ortreating, a haunted walk, meet Smokey The Dog, crawl through the Smoke Tent, participate in the Kids Costume Contest, and enter a Pumpkin in the Pumpkin Stroll! You can drop off your pumpkins at the Fire. Dept. from 8 am-6 pm and fill out an entry form. Winners of the costume contest and pumpkin contest will be notified! Event runs from 6 - 8 pm. Epping Residents and their families only please,

due to limited parking. Parking also available at the Town Hall.

Elementary School Programs Before & After School Program Grades K-7

6:45 - 8:25 am and 3:10-5:45 pm - Before School Program at Epping Elementary School Gym

3:15 - 4:15 pm - After School Program meets in EES Library, goes to EMS Cafe & Playground, then to EES Gym till close.

Call Nicole for more information at 608-9487.

Martial Arts Programs at Epping Recreation and **Elementary School (offered by Epping ATA)**

Karate Classes

Mondays (EES Gym) and Thursdays (MS Stage) 3:10 - 4:15 pm, \$65 per month

For more information or to sign your child up, please contact Mrs. DeNapoli at 674-6599 or e-mail her at eppingata@gmail.com.

ALL beginners receive a FREE Uniform.

EYAA Basketball

Youth Sports in Epping are run by EYAA (Epping Youth Athletic Association), a parent run non-profit organization. Please visit their website for program information and to register! Basketball Registration is NOW OPEN! To register, visit: eyaa.sportngin.com

www.eyaa.org

Ski Program

It's that time of year to think of Ski Program! Two days were offered last year, but with the lack of additional staff for the second night, only one night will be offered this year. Please e-mail us at eppingrecreation@gmail.com if you are interested and have a request for a particular night. The program is parent supported, 5 nights, 1 night per week. Kids are released from school at 2:45 pm. with lessons at McIntyre in Manchester from 4 - 6 pm. Cost last year was \$130 for lessons, \$60 for rentals. Contact Epping Parks and Recreation for 2014 prices.

Middle/High School Programs

8th - 12th Grade CIT program is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor-In-Training. School year and summer positions are available and it's FREE! For an application, please contact the Rec. Department.

Both the Application and two Reference Forms need to be returned to the Recreation Director at Town Hall, 157 Main Street, for review. Without References (non-related), applications will not be accepted. CIT positions are limited! We will call all applicants in for an initial interview with the Recreation Director and Program Director. The CIT program is not a full summer, full week program. Each CIT will be given a schedule of days and hours they will be assigned to complete their volunteer time with us. CIT's will ASSIST staff in running programs for kids, preparing materials for programs, helping with general clean up after programs and being role models for children participating in programs. Most CIT hours are completed on school grounds (no field trip hours). If a CIT shows exemplary skills in assisting children during on-grounds programs, we may contact those parents to arrange for field trip volunteer hours.

Adult Programs Adult Basketball.

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

<u>Day / Time</u>: Sunday - 7:00 - 9:00 pm <u>Location</u>: Epping Middle School Gym

<u>Cost</u>: \$30 for 10 nights - Please make check out to the "Town of Epping." If paying in cash, please bring exact change.

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. We will have a sign-in sheet, to keep track of the days used. Once you have used your ten nights, please bring in your next payment of \$30 for ten additional nights. You will not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

Please check our Facebook page for updates on programs, including cancellations. We will also notify you via e-mail of any program changes, so please provide a current e-mail address.

Zumba

The popular dance aerobics class is back in the Epping Recreation Department with Zumba Instructor Cassandra Mullen. She has classes on Thursday nights from 7:45 to 8:45 pm at the EES Gym. Cost: \$35 for a 6-week session, \$7 drop-In.

Please visit Cassandra's Facebook page at http://www.facebook.com/zumbawithcassandra for more class information and to give music choice suggestions. She will also post changes or cancellations there. Please follow for the latest

information on her classes.

Interested in other adult activities?

We have had several adults express interest volleyball and in adult adult gym nights, where adults can come to play a friendly game of Dodge Ball, Kick Ball or other fun gym games from your past! Please contact us via Facebook or by e-mailing us at eppingrecreation@gmail.com to be placed on a list of interested people. Please include what days of the week and times would work best for you, to help us in our planning. Most of our Adult programs depend on utilizing space at the schools, which is limited, and we do have the potential of getting bumped from our time/day, often at the last minute. Please keep this in mind and be patient and understanding if we need to re-schedule or cancel nights.

The Porch

We are a not-for-profit organization.* Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

Running a youth center for teenagers Running a children's after-school program Giving financially to families who are in need Providing free family counseling

Organizing various programs for teenagers to service others

*We are currently waiting on the IRS to give us our final paperwork.

Kids Club

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

Teen Central

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes till 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at

www.eppinglighthouse.org or you can e-mail us at eppinglighthouse@hotmail.com to request a form.

Families First

support for families...health care for all

Epping Family Morning Out *Fridays*, 9:30-11 am For children ages birth to six, with parents or other caregivers.

Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at the SAU 14 Building (213 Main Street, Epping). Pre-registration not needed. Cost: Free.

For information call 422-8208, press 2, or visit http://www.familiesfirstseacoast.org/programs.cfm.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. Advance registration is needed for most programs and is always needed for childcare; go to FamiliesFirstSeacoast.org and click on the Register for Family Programs button, or call 422-8208 x2.

Pumpkin Pie Play Dough

Try this recipe from Families First



5½ cups flour
2 cups salt
8 tsp. cream of tartar
¾ cup oil
1½ oz. pumpkin pie spice
4 cups water

Mix ingredients together. Cook and stir over medium heat until all lumps disappear. Knead dough on floured surface until smooth. Store in airtight container.

Epping Students in the News

Sawyer James Begin was named a Presidential Scholar for the Spring 2014 Semester at Clarkson University. He is a freshman majoring in aeronautical engineering and mechanical engineering.

Christie M. Cole was named to Coastal Carolina University's Dean's List for the Spring 2014 semester. She is a sophomore majoring in Communication.

Brianna Parent was named to Worcester Polytechnic institute's Dean's List for the Spring 2014 semester. She is a freshman majoring in biomedical engineering.



Epping School District NewsLetter from the School Board Chair

Dear Epping Community Member:

The search for a new superintendent of schools is well underway. A very important part of the process is to solicit community input about the attributes, experiences and desired goals for a new superintendent. This will be of valuable assistance to the School Board as they interview all semi-finalists and finalists.

Dr. Ken DeBenedictis, a search consultant with the New England School Development Council (NESDEC), will meet with interested staff, parents and community members either in small focus groups or at a public forum. Participation in a focus group will require about 1-1 1/2 hours of your time.

The Open Public Forum will be held on **Thursday, November 13**th, at 6:00 pm in the Integrated Studies Room at Epping Middle School. Everyone is welcome to attend and to participate in that meeting. No previous sign-up is required.

The Epping School Board wants and values your opinions. We hope you will take advantage of this opportunity to participate.

Sincerely,
Dave Mylott
School Board Chair

School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at www.sau14.org under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: http://etv.22.pegcentral.com.

November 6th and 20th December 4th and 18th

Epping Elementary School (EES)

EES School Calendar

Nov. 3 – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library

Nov. 3-6 - Veterans Friendly Lunch Days

<u>Nov, 7</u> – Eagle Day – Veterans Day Assembly at 9:50 am

<u>Nov. 10</u> – NO SCHOOL – Teacher Professional Development Day

Nov. 11 - NO SCHOOL - Veterans Day

Nov. 12-21 - Student Council Food Drive

Nov. 21 – EES National Honor Society Induction Ceremony for 4th Grade – 1:30 pm in EMS gym

<u>Nov. 24-25</u> – Grade 3 Field Trip to Old York Village in Maine

Nov. 26-28 – NO SCHOOL – Thanksgiving Recess

<u>Dec. 1</u> – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library

Dec. 4 – Craft Fair **–** 6:00- 8:00 pm

<u>Dec. 9</u> – Chorus performs at Rockingham Nursing Home

Dec. 10 – Winter Concert for grades 1, 2, & 3 in EMS Gym – 7:00 pm

<u>Dec. 11</u> – Winter Concert for grades 4 & 5, Band & Chorus in EMS Gym – 7:00 pm

Dec. 24-Jan. 2 – NO SCHOOL – Holiday Recess

EES Elections were held and the following students elected:

National Elementary Honor Society

President Michael Picard
Vice President Jacob Loving
Secretary Jade Gagnon
Treasurer Jessica Galante

Student Council

President Dylan Comeau
Vice President Sydney Farris
Secretary Molly Tessier
Treasurer Gracie Re

Crafters and Vendors Needed for EES Craft Fair Thursday, December 4, 2014 from 6 to 8 pm

The Epping Elementary School Art's Committee is sponsoring a Craft Fair to raise money to support our awesome Artist-in-Residence program. We are looking for crafters and vendors to come share their wares, too. Part of the appeal of this fair is that kids of all ages can come and make a variety of crafts to take home with them that day while their parents shop. This frees Mom and Dad to visit the various vendor/craft tables.

The event will take place at the Epping Elementary School multi-purpose room on **Thursday, December 4**th from 6 to 8 pm with set-up starting at 5 pm. We supply the tables and they are \$15 per table for new vendors. Returning vendors' discount is \$10 per table. We are also asking for a small product/craft donation for our raffle.

For information about a vendor application or if you have questions, please call Sarah Boudreau at 679-8018.

Submitted by Cheryl A. MacLeay

An Invitation to Epping's Veterans From Epping Elementary School Lunch with a Veteran Program

Choose one day:

Monday, November 3

Tuesday, November 4

Wednesday, November 5

Thursday, November 6

Epping Elementary School would like to say "Thank you!" to veterans by inviting you to a free lunch at our school during Veterans Day week. This is a very informal event with veterans seated at the tables with students. Any veteran who attends will be recognized and introduced to all the students and thanked for his or her service.

Lunch times are:

11:20 to 11:45 for grades 4 & 5

11:50 to 12:15 for grades 2 & 3

12:20 to 12:45 for kindergarten

12:25 to 12:50 for grade 1

You don't have to have children, grandchildren or other relatives currently attending Epping Elementary School. If you are a veteran, you are invited. If you plan to attend, please call the school at 679-8018 or send in a note with a student relative or by mail, telling us what lunch you plan to attend. Please note that school is closed on November 10th and 11th.

Thank you for your service to our country.

Mark Vallone Principal

Epping Middle School (EMS)

Seventh Graders Attend Nature's Classroom

The annual seventh grade trip to Nature's Classroom during the last week of September was well attended. Students were engaged in environmental education experiences in a rigorous three-day experience.

The trip was under the direction of science teacher Marissa Minichiello, and the following faculty members made the trip possible by chaperoning: Joy Page, Wyman Eckhardt, Candace Smith, Juliana Flintosh, Nick DeGruttola and Christine Hebert.

EMS Holds Pride Assembly

The first Pride Assembly of the year was held on October 10, 2014. Students were recognized for their adherence to Guiding Principles One and Two.

For respecting and encouraging the right to teach: Grade 6, Alexa Guarenta; Grade 7, Madison Rancati; Grade 8, Abby Simard; Unified Arts, Delaney Clough.

For being actively engaged in learning by asking questions, collaborating, and seeking solutions: Grade 6, Dillon MacKenzie; Grade 7, Joe Furey; Grade 8, Ben Colban; Unified Arts, Alex Wyatt.

The Nice Moves Program recognizes students "caught being kind." A drawing of those earning tickets was held and the following received prizes: Abby Soldani, Scott Johnson, MacKenzie Newman, Alyssa Higginbottom, Casey Needham, Collin Finney, Devin Bobrinitz and Willow Tyler.

EMS Celebrates Red Ribbon Week

Epping Middle School students celebrated Red Ribbon Week to support making healthy choices and living drug-free, from October 22nd through October 31st. The week was kicked off by Wearing Red Day on Wednesday to show support for the Red Ribbon Week principles. That evening, the Epping Police Department held a parent workshop on "Drug Awareness and Current Trends."

On October 24th students were asked to donate \$1.00 to be allowed to wear a hat. Donations were sent to the Children's Cancer Foundation. Tuesday, the 28th was Crazy Sock Day with the "Sock It to Drugs" theme. On the 29th students were asked to dress for their future, indicating what they may be doing with their lives in the future. The theme for that day was: "Don't let drugs get in the way of your career aspirations."

Halloween was celebrated on October 31st. Students were allowed to wear their costumes without masks, hoods, or full-face make-up.

Eighth Grade Annual Turkey Raffle

The annual eighth grade turkey dinner raffle is underway. This event is the main fundraiser for the grade's trip to Washington, DC in the Spring.

Five 20-25 pound turkeys "with all the fixin's" will be raffled off. Turkeys and "fixin's" are generously donated by faculty and staff, so that all money raised goes directly to offsetting the cost of the DC trip.

Tickets are \$1.00 apiece or six for \$5.00. Every dollar a student raises through selling tickets will go directly toward reducing his/her trip cost. See an eighth grader or contact Epping Middle School for a chance to win your Turkey Dinner!

Epping Middle School Leadership Team

EMS is once again excited to offer the Student Leadership Team for the 2014-15 school year. The after school club is a great way to get involved in planning student events and volunteering. The leadership team will also be working with the Granite State Youth alliance to help address problems relating to substance abuse.

The program will be held on every first and third Tuesday of the month for one hour beginning November 1st. The program is open to all middle school students but is limited to 20 students. A permission slip is necessary. The program is under the direction of Nick DeGruttola, guidance counselor.

Epping High School (EHS)

Senior Class Fundraiser

The Senior Class is holding a Leaf Raking Fundraiser on **November 1**st, **2**nd, **8**th **and 9**th. Hire your local senior class member to rake your yard during the first two weeks of November for a donation of your choice!

For more information or to book a time and date, please contact Karen McCallion, the Senior Class Advisor, at kmccallion@sau14.org

Project Grad Holiday Wreath Fundraiser

Festive Holiday Wreaths are available through Epping High School to benefit Project Grad. The wreaths are made on a 14-inch ring and will be decorated with a bow.

Wreaths are reasonably priced at \$13 each or two for \$25 and checks are payable to Epping High

School. Delivery will be to Epping High School and the wreaths are expected in time for Thanksgiving. (Pick up dates will be announced as soon as delivery notification is received.)

Orders are being accepted until **Friday**, **November 7**th.

For information or questions, please contact Sherrie Hall at shersew1962@comcast.net.

A limited number of wreaths <u>may</u> be available at the Project Grad Christmas Tree Sale on December 6-7 at the Epping American Legion.

October 27th - 31st is Red Ribbon Week

The National Family Partnership organized the first Nationwide Red Ribbon Campaign. NFP provides drug awareness by sponsoring the annual National Red Ribbon Celebration. Since its beginning in 1985, the Red Ribbon has touched the lives of millions of people around the world. In response to the murder of DEA Agent Enrique Camarena, angered parents and youth in communities across the country began wearing Red Ribbons as a symbol of their commitment to raise awareness of the killing and destruction caused by drugs in America.

On Friday, the 31st, students will go outside to make a Red Ribbon formation for an aerial photograph. Also on Friday, during lunch students who have participated in wearing red will get ice cream at lunch.

Trevor Robbins Debuts His Film "Slice"



John Herman and Trevor Robbins

On October 20th Epping High School junior Trevor Robbins debuted his latest film, "Slice," at Portsmouth's historic Music Hall in association with the annual New Hampshire Film Festival. His movie, as well as other films produced during a special weekend program for aspiring filmmakers, received a standing ovation. Trevor's weekend also included a red carpet walk, special quests, production challenges, and film industry interviews. all in preparation to write, cast, shoot, edit and ultimately screen his action comedy film. Special guests included Skylar Burke, who has worked with Darren Aronofsky, Russell Crowe, Anthony Hopkins, and One Direction. Trevor also met with documentary director Sophia Savage before screening her upcoming film on Nepal. Trevor learned of the opportunity through Epping High School Language Arts teacher John Herman who has directed the unique film program for over ten years. Students participated from around the state including a Manchester teen who was invited thanks to Mr. Herman's collaboration with the Make-a-Wish Foundation.

Email Address Changed?

If your email address has changed, please notify Barbara Helmstetter at: bhelmstetter@comcast.net.

Newsletter Schedule

Have we missed your group or event? Please let us know. Our purpose is to include as many Epping groups and events as possible.

The next issue (January-February) of this newsletter will be available in early January 2015. We will accept submissions through December 19, 2014, to be included in the next issue. Please send your content with contact information for consideration to bhelmstetter@comcast.net.

Thanks for reading! - The Communications Group

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Epping Calendar of Events for November 2014

	di ol Casulz loi 140asuidei 5014
October 31	Trick or Treating in Epping from 5-7 pm
October 31	Halloween Fun at the Epping Safety Complex – 6-8 pm
October 31	American Legion Halloween Dance with "Kowboy Rick" – 8 pm
November 1	Girl Scout Skate Party at Exeter Rinks – 11:20 am-12:40 pm
November 1	Turkey Buffet at Masonic Lodge – 4:30-6:30 pm
November 1	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 1-8	Scouting for Food drive – pick-up on November 8 th
November 1,2,8,9	EHS Seniors' Leaf Raking Fundraiser
November 2	DAYLIGHT SAVINGS ENDS – SET YOUR CLOCKS BACK
November 3	EES PTO meeting in the EES Art Room – 7 pm
November 3-6	EES Lunch with a Veterans Program
November 4	ELECTION DAY IN EMS GYM – VOTE!!! – 8 am - 7 pm
November 5	Girl Scout Information meeting at Newmarket Public Library – 6:30-7:30 pm
November 5	Great Books Read Aloud Program for Grades 1 and 2 starts at the Library – 3:30 pm
November 6	Epping School Board meeting in Epping Town Hall – 7 pm
November 7	Last day to order Holiday Wreaths from EHS Project Grad
November 7	EES Eagle Day – Veterans Day Assembly – 9:50 pm
November 8	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
Oct. 24-Nov. 9	"It's a Wonderful Life" at the Leddy Center
November 9	American Legion Post 51 Sunday Breakfast Buffet – 9:00-11:30 am
November 10	NO SCHOOL – Teacher Professional Development Day
November 11	NO SCHOOL – VETERANS DAY – Town Hall and Library closed
November 12	Knit Night at the Library – 7 pm
November 12	Eclectic Book Group at the Library – 7 pm
November 13	Epping Seniors meet at the Epping Fire Station at 1 pm
November 13	Open Public Forum in EMS Integrated Studies Room – 6 pm
November 15	American Legion Benefit for Sheila and Charlie Brown - 6:30 pm
November 15	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 15	Epping Community Church Dinner "Turkey Pot Pie Dinner" – 5 - 6:30 pm
November 18	Library Board of Trustees Meeting – 7:15 pm
November 19	Epping Y.O.U.T.H. coalition meeting in SAU building – 9 am
November 19	Cub Scout Pack Meeting in the Epping Middle School Café' – 6:30-7:30 pm
November 19	Dusty Old Mystery Book Group at the Library – 7 pm
November 20	Epping School Board meeting in Epping Town Hall – 7 pm
November 21	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
November 22	Red Cross Blood Drive at Epping Safety Complex – 10 am- 3 pm
November 22	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 23	American Legion Pancake Breakfast fundraiser for "Toys for Tots" – 8-11 am
November 24	Last day to order poinsettias from the Epping Garden Club
November 25	Epping Lions Club meeting at the Epping Edward Jones office on Route 125 – 6:30 pm
November 26	Knit Night at the Library – 7 pm
November 26-28	NO SCHOOL – THANKSGIVING RECESS
November 27	THANKSGIVING DAY Library closed
November 27-28	TOWN HALL CLOSED FOR THANKSGIVING HOLIDAY
November 27-28 November 29	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 29, 30	"Stuff the Bus" Toy Collection at Walmart by Epping, Brentwood Fire Departments

Epping Calendar of Events for December 2014

Date	Event
December 1	EES PTO meeting in the EES Art Room – 7 pm
December 4	Epping School Board meeting in Epping Town Hall – 7 pm
December 4	EES Craft Fair – 6-8 pm
December 5	LCHIP Award announced
December 6	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
December 6, 7	EHS Project Grad Christmas Tree Sale at the American Legion
December 7	Town Tree Lighting Ceremony and Holiday Party
December 7	Deadline date to sign up for the American Legion Children's Christmas Party
December 9	EES Chorus at Rockingham Nursing Home
December 10	Eclectic Book Group at the Library – 7 pm
December 10	Knit Night at the Library – 7 pm
December 10	EES Winter Concert Grades 1, 2, and 3 in EMS Gym – 7 pm
December 11	EES Winter Concert Grades 4 and 5, Band and Chorus in EMS Gym – 7 pm
December 11	Epping Seniors annual Christmas Party in the American Legion Function Room
December 13	American Legion Children's Christmas Party for infants to 10 yrs old – 1-3 pm
December 13	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
December 14	American Legion Post 51 Sunday breakfast – 9:00-11:30 am
December 16	Library Board of Trustees Meeting – 7:15 pm
December 17	Epping Y.O.U.T.H. coalition meeting in SAU building – 9 am
December 17	Dusty Old Mystery Book Group at the Library –7 pm
December 17	Cub Scout Pack Meeting in the Epping Middle School Café' – 6:30-7:30 pm
December 18	Epping School Board meeting in Epping Town Hall – 7 pm
December 19	DEADLINE DATE for the January-February issue of the Newsletter
December 20	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
December 21	Santa on the Fire Truck – 3 pm
Dec. 22 - Jan.2	NO SCHOOL - HOLIDAY RECESS
December 23	Epping Lions Club meeting at the Epping Edward Jones office on Route 125 – 6:30 pm
December 25	CHRISTMAS DAY Library closed
December 25, 26	TOWN HALL CLOSED FOR CHRISTMAS
December 27	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
January 1, 2015	NEW YEARS DAY Town Hall and Library Closed

If you would like your next event to appear on the Calendar of Events, please send us an e-mail at bhelmstetter@comcast.net by **December 19, 2014**. Please include the date, event name, location and time.